

SEPTEMBER WEEKLY AGENDA

*** PLEASE SEE BACK FOR SPECIAL EVENTS & MONTHLY PROGRAMS**

\$ ADDITIONAL FEE REQUIRED

MONDAY

9:30 Cribbage
10:00 Bingo
10:00 Movement Matters \$
11:00 Open Mah Jongg
11:00 Dance & Balance \$
11:30 Tai Chi Beginner \$
12:30 Tai Chi Intermediate \$
11:30 Open Canasta
1:00 Wood Carving
1:00 Art Appreciation

TUESDAY

9:00 Craft Room
9:00 Social Worker
9:30 Mah Jongg Lessons \$
9:30 Floor Yoga \$
10:30 Total Body Fit \$
11:30 Guided Meditation \$
11:45 Dup Bridge
12:00 Dr Bridge, Pinochle
12:30 Mex Dominos & Mah Jongg
1:00 Knit & Crochet

WEDNESDAY

9:00 Chair Yoga \$
10:00 Cardio Balance \$
10:30 Women's Talking Points
11:30 Open Canasta, Mah Jongg and Bridge

THURSDAY

9:00 Craft Room
9:30 Golden Grooves \$
9:30 Canasta Lesson \$
10:00 Drop in Canasta
10:00 Starlight Singers Chorus \$
10:30 Core Strength \$
12:00 Open Bridge and Mah Jongg
12:00 Rummikub
12:15 Regular Canasta

FRIDAY

9:00 Chair Yoga/ Sit & Be Fit \$
10:00 Fit & Fabulous \$
10:30 Men Round Table
10:30 Scrabble

Drop-In: Regular groups that come to play

Open: Space is available. You bring your own group

Lessons: A scheduled class to learn how to play



Flip for Special Events & Trips



GLENVIEW SENIOR CENTER

SEPTEMBER SPECIAL EVENTS & MONTHLY PROGRAMS

\$ ADDITIONAL FEE REQUIRED

- ☐ **Wed-September 2: Women's Book Club (1st Wednesday of the Month)**
- ☐ **Fri-September 4: Trip to Wagner Farm \$**
- ☐ **Mon- September 7: Labor Day- The East Wing is Closed**
- ☐ **Tues- September 8: The Dancing Horses \$**
- ☐ **Wed-September 9: Romance Scams- John Good**
- ☐ **Fri-September 11: Tiny & Timeless-Apples**
- ☐ **Wed-September 16: Montclair Lunch & Bus Tour**
- ☐ **Wed-September 16: Podiatrist (3rd Wednesday of the Month)**
- ☐ **Fri-September 18: Jewelery Making Workshop \$**
- ☐ **Wed-September 23: Oktoberfest Luncheon \$**
- ☐ **Fri-September 25: Jewelery Making Workshop \$**
- ☐ **Mon-September 28: Advisory Board Meeting (4th Monday of the Month)**
- ☐ **Mon-September 28: Men's Book Club (4th Monday of the Month)**