

AUGUST WEEKLY AGENDA

*** PLEASE SEE BACK FOR SPECIAL EVENTS & MONTHLY PROGRAMS**

\$ ADDITIONAL FEE REQUIRED

MONDAY

9:00 Rhythm & Balance \$
 9:30 Cribbage
 10:00 Bingo
 10:00 Movement Matters \$
 11:00 Open Mah Jongg
 11:30 Tai Chi Beginner \$
 12:30 Tai Chi Intermediate \$
 11:30 Open Canasta
 1:00 Wood Carving
 1:00 Art Appreciation

TUESDAY

9:00 Craft Room
 9:00 Social Worker
 9:30 Floor Yoga \$
 10:30 Total Body Fit \$
 11:30 Guided Meditation \$
 11:45 Dup Bridge
 12:00 Dr Bridge, Pinochle
 12:30 Mex Dominos & Mah Jongg

WEDNESDAY

9:00 Chair Yoga \$
 10:00 Cardio Balance \$
 10:30 Women's Talking Points
 11:30 Open Canasta, Mah Jongg and Bridge

THURSDAY

9:00 Craft Room
 9:30 Golden Grooves \$
 10:00 Drop in Canasta
 10:00 Starlight Singers Chorus \$
 10:30 Core Strength \$
 12:00 Open Bridge and Mah Jongg
 12:00 Rummikub
 12:15 Regular Canasta

FRIDAY

9:00 Chair Yoga/ Sit & Be Fit \$
 10:00 Fit & Fabulous \$
 10:30 Men Round Table
 10:30 Scrabble

Drop-In: Regular groups that come to play
Open: Space is available. You bring your own group
Lessons: A scheduled class to learn how to play



Flip for Special Events & Trips



GLENVIEW SENIOR CENTER

AUGUST SPECIAL EVENTS & MONTHLY PROGRAMS

\$ ADDITIONAL FEE REQUIRED

- ☐ **Wed-August 5: Women's Book Club (1st Wednesday of the Month)**
- ☐ **Wed-August 5: Lake Geneva Luncheon Cruise & Main Street Shopping \$**
- ☐ **Th- August 6: Fall Registration Opens**
- ☐ **Fri- August 7: Bus Tour to Chestnut Square**
- ☐ **Tu-August 11: Investment Club (2nd Tuesday of the Month)**
- ☐ **Th-August 13: White Sox vs Reds- Bingo/All you can eat buffet lunch \$**
- ☐ **Wed-August 19: Podiatrist (3rd Wednesday of the Month)**
- ☐ **Wed-August 19: Rescheduled - Lake Geneva Luncheon Cruise & Main Street Shopping \$**
- ☐ **Fri-August 21: Microplastics/Beyond Plastic Presentation- Jacquelyn Cassaza**
- ☐ **Wed-August 26: Dog Days of Summer Luncheon - North Shore Line Band \$**
- ☐ **Mon-August 24: Advisory Board Meeting (4th Monday of the Month)**
- ☐ **Mon-August 24: Men's Book Club (4th Monday of the Month)**