



Nutritionized PS & K8

January~February~March 2026

www.choosedelicious.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/5 2/2 3/2	1/6 2/3 3/3	1/7 2/4 3/4	1/8 2/5 3/5	1/9 2/6 3/6
Delicious-Made Chicken & Broccoli Steamed Rice Green Beans Apple Delicious-Made WG Dinner Roll*	Delicious-Made Salisbury steak Mashed Potatoes Brussel Sprouts Banana Delicious-Made WG Wheat Bread*	Delicious-Made Macaroni and Cheese HV: Green Peas CV: Fresh Baby Carrots Delicious-Made Dill Dip Orange Delicious-Made WG Wheat Bread*	Delicious-Made Beef Tacos Shredded Cheddar Cheese Spanish Rice Diced Carrots Pear WG Soft Flour Tortilla**	Delicious-Made Chicken Parmesan Noodles HV: Cauliflower CV: Cucumber Slices Delicious-Made Ranch Dressing Melon Mix Delicious-Made WG Wheat Bread*
1/12 2/9 3/9	1/13 2/10 3/10	1/14 2/11 3/11	1/15 2/12 3/12	1/16 2/13 3/13
Delicious-Made Cheesy Potato Meatloaf Casserole Diced Carrots Apple Delicious-Made WG Dinner Roll*	Delicious Made Teriyaki Chicken Meatballs Steamed Rice Green Beans Banana Delicious-Made WG Wheat Bread*	Delicious-Made Chicken Taco Shredded Cheddar Cheese Refried Beans HV: Broccoli CV: Southwest Bean Salad Orange WG Soft Flour Tortilla*	Vegetarian Bean Chili Rotini Pasta Green Peas Pear Delicious-Made WG Corn Bread*	Delicious-Made WG Cheese Ravioli in Marinara HV: Brussel Sprouts CV: Tossed Salad Delicious-Made Ranch Dressing Melon Mix Delicious-Made WG Wheat Bread*
1/19 2/16 3/16	1/20 2/17 3/17	1/21 2/18 3/18	1/22 2/19 3/19	1/23 2/20 3/20
Delicious-Made Cheesy Potato and Turkey Ham Casserole Green Beans Apple Delicious-Made WG Dinner Roll*	Delicious-Made Chicken Alfredo Rofini Pasta Sauted Cabbage Banana Delicious-Made WG Wheat Bread*	Cheesy Taco Rice Spanish Black Beans HV: WG Corn* CV: Fresh Cucumber Slices Delicious-Made Ranch Dressing Orange WG Corn Tortilla Chips*	Delicious Made Macaroni and Cheese Diced Carrots Pear Delicious-Made WG Wheat Bread*	Delicious Made BBQ Pulled Chicken Rainbow Potatoes HV: Green Beans CV: Fresh Baby Carrots Delicious-Made Italian Dressing Melon Mix Delicious-Made WG Bun*
1/26 2/23 3/23	1/27 2/24 3/24	1/28 2/25 3/25	1/29 2/26 3/26	1/30 2/27 3/27
Ziti Pasta w/Chicken in a Creamy Red Sauce Brussel Sprouts Apple Delicious-Made WG Dinner Roll*	Delicious-Made Beefy Meat Sauce Spaghetti Noodles Broccoli Banana Delicious-Made WG Wheat Bread*	Turkey & Country Gravy Mashed Potatoes HV: Green Beans CV: Fresh Baby Carrots Delicious-Made Dill Dip Orange Delicious-Made WG Wheat Bread*	Delicious-Made Cheesy Chicken Fajita Skillet Spanish Rice Broccoli Pear WG Soft Flour Tortilla*	Delicious-Made Beef Sloppy Joes Baked French Fries HV: Butternut Squash CV: Cucumber Slices Delicious-Made Ranch Dressing Melon Mix Delicious-Made WG Bun*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives. Menus are subject to change. (*) Item is WHOLE GRAIN.

- **What is Delicious Made** (de-li-cious made I di'lishas mād)
Delicious Made means no sugar, no preservatives, no chemicals, no high-fructose corn sweetener, no trans fats.

****ENTRÉES ARE DELICIOUS MADE (made from scratch)**