

SUN	MON	TUES	WED	THURS	FRI	SAT
			<u>1</u> 9:00 Chair Yoga \$ 10:00 Cardio Balance \$ 10:00 Women's Book 10:30 WRT 11:30 Open Canasta, Maj and Bridge 1:00 Knit & Crochet \$ 7:00 Knit & Crochet \$	<u>2</u> 9:00 Craft Room 9:30 Canasta Lesson \$ 10:00 Drop in Canasta 10:00 Chorus \$ 10:30 Core Strength \$ 12:00 Drop in Bridge, Poker and Rummikub 12:15 Regular Canasta 1:00 Mah Jongg Lesson	<u>3</u> 9:00 Chair Yoga Combo\$ 10:00 Fit & Fab \$ 10:30 Men Round Table 10:30 Scrabble	<u>4</u>
<u>5</u>	<u>6</u> 9:30 Cribbage 10:00 Bingo 10:00 Movement Matters \$ 11:00 Open Mah Jongg 11:00 Dance & Balance \$ 11:30 Tai Chi \$ 11:30 Open Canasta 1:00 Wood Carving 1:00 Art Appreciation	<u>7</u> 9:00 Craft Room 9:00 Social Worker 9:30 Mah Jongg Lessons \$ 9:30 Floor Yoga \$ 10:30 Total Body Fit \$ 11:30 Mini Med \$ 11:45 Dup Bridge 12:00 Dr Bridge, Pinochle 12:30 Mex Dominos/ Maj 1:00 Knit & Crochet \$	<u>8</u> 9:00 Chair Yoga \$ 10:00 Cardio Balance \$ 10:00 Women's Book 10:30 WRT 11:30 Open Canasta, Maj and Bridge 1:00 Knit & Crochet \$ 7:00 Knit & Crochet \$ Catch Me If You Can at the Marriott	<u>9</u> 9:00 Craft Room 9:30 Zumba Gold \$ 9:30 Canasta Lesson \$ 10:00 Drop in Canasta 10:00 Chorus \$ 10:30 Core Strength \$ 12:00 Drop in Bridge, Poker and Rummikub 12:15 Regular Canasta 1:00 Mah Jongg Lesson	<u>10</u> 9:00 Chair Yoga Combo\$ 10:00 Fit & Fab \$ 10:30 Men Round Table 10:30 Scrabble	<u>11</u>
<u>12</u>	<u>13</u> 9:30 Cribbage 10:00 Bingo 10:00 Movement Matters \$ 11:00 Open Mah Jongg 11:00 Dance & Balance \$ 11:30 Tai Chi \$ 11:30 Open Canasta 1:00 Art Appreciation 1:00 Wood Carving	<u>14</u> 9:00 Craft Room 9:00 Social Worker 9:30 Mah Jongg Lessons \$ 9:30 Floor Yoga \$ 10:00 Investment Club 10:30 Total Body Fit \$ 11:30 Mini Med \$ 11:45 Dup Bridge 12:00 Dr Bridge, Pinochle 12:30 Mex Dominos/ Maj 1:00 Knit & Crochet \$	<u>15</u> 9:00 Chair Yoga \$ 10:00 Cardio Balance \$ 10:30 WRT 11:30 Open Canasta, Maj and Bridge 12:30 Podiatrist \$ 1:00 Knit & Crochet \$ 7:00 Knit & Crochet \$	<u>16</u> 9:00 Craft Room 9:30 Zumba Gold \$ 9:30 Canasta Lesson \$ 10:00 Drop in Canasta 10:00 Chorus \$ 10:30 Core Strength \$ 12:00 Drop in Bridge, Poker and Rummikub 12:15 Regular Canasta 1:00 Mah Jongg Lesson	<u>17</u> 9:00 Chair Yoga Combo\$ 10:00 Fit & Fab \$ 10:30 Men Round Table 10:30 Scrabble	<u>18</u>
<u>19</u>	<u>20</u> 9:30 Cribbage 10:00 Bingo 10:00 Movement Matters \$ 11:00 Open Mah Jongg 11:00 Men's Book Club 11:00 Dance & Balance \$ 11:30 Open Canasta 11:30 Tai Chi \$ 1:00 Art Appreciation 1:00 Wood Carving	<u>21</u> 9:00 Craft Room 9:00 Social Worker 9:30 Mah Jongg Lessons 9:30 Floor Yoga \$ 10:30 Total Body Fit \$ 11:30 Mini Med \$ 11:45 Dup Bridge 12:00 Dr Bridge, Pinochle 12:30 Mex Dominos/ Maj 1:00 Knit & Crochet \$	<u>22</u> 9:00 Chair Yoga \$ 10:00 Cardio Balance \$ 10:30 WRT 11:30 Open Canasta, Maj and Bridge 1:00 Knit & Crochet \$ 7:00 Knit & Crochet \$ Oktoberfest!! Lunch at noon and music at 1:00	<u>23</u> 9:00 Craft Room 9:30 Zumba Gold \$ 9:30 Canasta Lesson \$ 10:00 Drop in Canasta 10:30 Core Strength \$ 12:00 Drop in Bridge, Poker and Rummikub 12:15 Regular Canasta 1:00 Mah Jongg Lesson	<u>24</u> 9:00 Chair Yoga Combo\$ 10:00 Fit & Fab \$ 10:30 Men Round Table 10:30 Scrabble	<u>25</u>

(\$) = Additional Fee