



Nutritionized PS & K8

October~November~December 2025

www.choosedelicious.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/29 10/27 11/24 12/22 Delicious-Made Beefy Meat Sauce Spaghetti Noodles Diced Carrots Apple WG Delicious-Made Dinner Roll*	9/30 10/28 11/25 12/23 Delicious-Made Chicken Fried Rice Cauliflower Banana WG Delicious-Made Wheat Bread*	10/1 10/29 11/26 12/24 Turkey & Country Gravy Mashed Potatoes HV: Green Bean Casserole CV: Fresh Broccoli Delicious-Made Dill Dip Orange WG Delicious-Made Wheat Bread*	10/2 10/30 11/27&12/25(Closed) Delicious-Made Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Brussel Sprouts Pear WG Corn Tortilla Chips*	10/3 10/31 11/28 12/26 Delicious-Made Sloppy Joes Baked French Fries HV: Green Peas CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Wheat Bun*
10/6 11/3 12/1 12/29 Delicious-Made Turkey Chili Steamed Rice Corn Apple WG Delicious-Made Corn Bread*	10/7 11/4 12/2 12/30 Delicious-Made Potato Chicken Taco Shredded Cheddar Cheese Refried Beans Diced Carrots Banana WG Soft Flour Tortilla*	10/8 11/5 12/3 12/31 Delicious-Made Macaroni & Cheese HV: Green Beans CV: Fresh Baby Carrots Delicious-Made Ranch Dressing Orange WG Delicious-Made Wheat Bread*	10/9 11/6 12/4 1/1(Closed) Delicious-Made Italian Beef Meatballs in Marinara Rotini Pasta Broccoli Pear WG Delicious-Made Wheat Bread*	10/10 11/7 12/5 1/2 WG Cheese Ravioli in Delicious-Made Marinara Sauce* HV: Butternut Squash CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Wheat Bread*
10/13 11/10 12/8 Delicious-Made Pesto Pasta with Chicken Brussel Sprouts Apple WG Delicious-Made Dinner Roll*	10/14 11/11 12/9 Delicious-Made Lemon Chicken Mashed Potatoes Broccoli Banana WG Delicious-Made Wheat Bread*	10/15 11/12 12/10 Delicious-Made Cheesy Potato and Turkey Ham Casserole HV: Sauteed Cabbage CV: Fresh Baby Carrots Delicious-Made Dill Dip Orange WG Delicious-Made Wheat Bread*	10/16 11/13 12/11 Delicious-Made Beef Taco Shredded Cheddar Cheese Spanish Black Beans Diced Carrots Pear WG Soft Flour Tortilla*	10/17 11/14 12/12 Delicious-Made Parmesan Chicken Noodles HV: Green Beans CV: Tossed Salad Delicious-Made Italian Dressing Diced Fresh Fruit WG Delicious-Made Wheat Bread*
10/20 11/17 12/15 Delicious-Made Chicken Lo Mein Green Beans Apple WG Delicious-Made Dinner Roll*	10/21 11/18 12/16 Delicious-Made Stuffed Pepper Casserole Broccoli Banana WG Delicious-Made Corn Bread*	10/22 11/19 12/17 Delicious-Made BBQ Meatballs Diced Parsley Potatoes HV: Cauliflower CV: Fresh Baby Carrots Delicious-Made Ranch Dressing Orange WG Delicious-Made Wheat Bread*	10/23 11/20 12/18 Delicious-Made Chicken & Broccoli Steamed Rice Diced Carrots Pear WG Delicious-Made Wheat Bread*	10/24 11/21 12/19 Delicious-Made Cheesy Baked Mostaccioli HV: Butternut Squash CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Bread*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives. menus are subject to change (*) Item is WHOLE GRAIN.

- **What is Delicious Made** (de-li-cious made l di'lishəs mād)
Delicious Made means no sugar, no preservatives, no chemicals, no high-fructose corn sweetener, no trans fats.

**ENTRÉES ARE DELICIOUS MADE (made from scratch)