

| SUN       | MON                                                                                                                                                                                                                                         | TUES                                                                                                                                                                                                                                                   | WED                                                                                                                                                                                                                                      | THURS                                                                                                                                                                                                                      | FRI                                                                                                   | SAT       |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-----------|
|           |                                                                                                                                                            |                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                          |                                                                                                                                                                                                                            | <u>1</u><br>9:00 Chair Yoga Combo\$<br>10:00 Fit & Fab \$<br>10:30 Men Round Table<br>10:30 Scrabble  | <u>2</u>  |
| <u>3</u>  | <u>4</u><br>9:30 Cribbage<br>10:00 Bingo<br>10:00 Movement Matters \$<br>11:00 Open Mah Jongg<br>11:00 Dance & Balance \$<br>11:30 Tai Chi \$<br>11:30 Open Canasta<br>1:00 Wood Carving<br>1:00 Art Appreciation                           | <u>5</u><br>9:00 Craft Room<br>9:00 Social Worker<br>9:30 Mah Jongg Lessons<br>9:30 Floor Yoga \$<br>10:30 Total Body Fit \$<br>11:30 Mini Med \$<br>11:45 Dup Bridge<br>12:00 Dr Bridge, Pinochle<br>12:30 Mex Dominos/ Maj                           | <u>6</u><br>9:00 Chair Yoga \$<br>10:00 Cardio Balance \$<br>10:00 Women's Book<br>10:30 WRT<br>11:30 Open Canasta,<br>Maj and Bridge<br>1/7:00 Knit/Crochet \$                                                                          | <u>7</u><br>9:00 Craft Room<br>9:30 Zumba Gold \$<br>9:30 Canasta Lesson \$<br>10:00 Drop in Canasta<br>10:00 Chorus \$<br>10:30 Core Strength \$<br>12:00 Drop in Bridge,<br>Poker and Rummikub<br>12:15 Regular Canasta  | <u>8</u><br>9:00 Chair Yoga Combo\$<br>10:00 Fit & Fab \$<br>10:30 Men Round Table<br>10:30 Scrabble  | <u>9</u>  |
| <u>10</u> | <u>11</u><br>9:30 Cribbage<br>10:00 Bingo<br>10:00 Movement Matters \$<br>11:00 Open Mah Jongg<br>11:00 Dance & Balance \$<br>11:30 Tai Chi \$<br>11:30 Open Canasta<br>1:00 Art Appreciation<br>1:00 Wood Carving                          | <u>12</u><br>9:00 Craft Room<br>9:00 Social Worker<br>9:30 Mah Jongg Lessons<br>9:30 Floor Yoga \$<br>10:00 Investment Club<br>10:30 Total Body Fit \$<br>11:30 Mini Med \$<br>11:45 Dup Bridge<br>12:00 Dr Bridge, Pinochle<br>12:30 Mex Dominos/ Maj | <u>13</u><br>9:00 Chair Yoga \$<br>10:00 Cardio Balance \$<br>10:30 WRT<br>11:30 Open Canasta,<br>Maj and Bridge<br>1:00 Knit & Crochet \$<br>7:00 Knit & Crochet \$<br><b>Trip to Volo Museum<br/>with lunch at Lindy's<br/>Landing</b> | <u>14</u><br>9:00 Craft Room<br>9:30 Zumba Gold \$<br>9:30 Canasta Lesson \$<br>10:00 Drop in Canasta<br>10:00 Chorus \$<br>10:30 Core Strength \$<br>12:00 Drop in Bridge,<br>Poker and Rummikub<br>12:15 Regular Canasta | <u>15</u><br>9:00 Chair Yoga Combo\$<br>10:00 Fit & Fab \$<br>10:30 Men Round Table<br>10:30 Scrabble | <u>16</u> |
| <u>17</u> | <u>18</u><br>9:30 Cribbage<br>10:00 Bingo<br>10:00 Movement Matters \$<br>11:00 Open Mah Jongg<br>11:00 Men's Book Club<br>11:00 Dance & Balance \$<br>11:30 Open Canasta<br>11:30 Tai Chi \$<br>1:00 Art Appreciation<br>1:00 Wood Carving | <u>19</u><br>9:00 Craft Room<br>9:00 Social Worker<br>9:30 Mah Jongg Lessons<br>9:30 Floor Yoga \$<br>10:30 Total Body Fit \$<br>11:30 Mini Med \$<br>11:45 Dup Bridge<br>12:00 Dr Bridge, Pinochle<br>12:30 Mex Dominos/ Maj                          | <u>20</u><br>9:00 Chair Yoga \$<br>10:00 Cardio Balance \$<br>10:30 WRT<br>11:30 Open Canasta,<br>Maj and Bridge<br>12:30 Podiatrist \$<br>1:00 Knit & Crochet \$<br>7:00 Knit & Crochet \$<br><b>Mozart's Women<br/>Lunch at noon</b>   | <u>21</u><br>9:00 Craft Room<br>9:30 Zumba Gold \$<br>9:30 Canasta Lesson \$<br>10:00 Drop in Canasta<br>10:30 Core Strength \$<br>12:00 Drop in Bridge,<br>Poker and Rummikub<br>12:15 Regular Canasta                    | <u>22</u><br>9:00 Chair Yoga Combo\$<br>10:00 Fit & Fab \$<br>10:30 Men Round Table<br>10:30 Scrabble | <u>23</u> |
| <u>24</u> | <u>25</u><br>9:30 Cribbage<br>10:00 Bingo<br>10:00 Movement Matters \$<br>11:00 Open Mah Jongg<br>11:00 Dance & Balance \$<br>11:30 Men's Book Club<br>11:30 Tai Chi \$<br>11:30 Open Canasta<br>1:00 Art Appreciation<br>1:00 Wood Carving | <u>26</u><br>9:00 Craft Room<br>9:00 Social Worker<br>9:30 Mah Jongg Lessons<br>9:30 Floor Yoga \$<br>10:30 Total Body Fit \$<br>11:30 Mini Med \$<br>11:45 Dup Bridge<br>12:00 Dr Bridge, Pinochle<br>12:30 Mex Dominos/ Maj                          | <u>27</u><br>9:00 Chair Yoga \$<br>10:00 Cardio Balance \$<br>10:30 WRT<br>11:30 Open Canasta,<br>Maj and Bridge<br>1:00 Knit & Crochet \$<br>7:00 Knit & Crochet \$<br><b>Senior Living Tour<br/>Legacy Crossing</b>                    | <u>28</u><br>9:00 Craft Room<br>9:30 Zumba Gold \$<br>9:30 Canasta Lesson \$<br>10:00 Drop in Canasta<br>10:00 Chorus \$<br>10:30 Core Strength \$<br>12:00 Drop in Bridge,<br>Poker and Rummikub<br>12:15 Regular Canasta | <u>29</u><br>9:00 Chair Yoga Combo\$<br>10:00 Fit & Fab \$<br>10:30 Men Round Table<br>10:30 Scrabble | <u>30</u> |

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