



Nutritionized PS & K8

January~February~March 2025

www.choosedelicious.com

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
12/30	1/27	2/24	3/24	12/31	1/28	2/25	3/25	1/1 (Closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28
Delicious Made Italian Beef Meatballs in Marinara Rotini Pasta Green Beans Apple WG Delicious-Made Dinner Roll*				Delicious Made Chicken Lo Mein Cauliflower Banana WG Delicious-Made Wheat Bread*				Delicious Made Three Cheese Pasta Bake HV: Green Peas CV: Fresh Broccoli Delicious-Made Ranch Dressing Orange WG Delicious-Made Wheat Bread*				Chicken Potato Tacos Shredded Cheddar Cheese Spanish Rice Brussel Sprouts Pear WG Soft Flour Tortilla**				Delicious Made Beef Mostaccioli HV: Baked Sliced Sweet Potatoes CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Wheat Bread*			
1/6	2/3	3/3	1/7	2/4	3/4	1/8	2/5	3/5	1/9	2/6	3/6	1/10	2/7	3/7					
Delicious Made Macaroni and Cheese Green Peas Apple WG Delicious-Made Dinner Roll*				Delicious Made Chicken Cacciatore Penne Pasta Green Beans Banana WG Delicious-Made Wheat Bread*				Beef Nachos Shredded Cheddar Cheese Sour Cream Steamed Rice HV: Diced Carrots CV: Southwest Bean Salad Orange WG Corn Tortilla Chips*				Delicious Made Chicken Parmesan w/Noodles Broccoli Pear WG Delicious-Made Wheat Bread*				WG Cheese Ravioli in Marinara Sauce* HV: Butternut Squash CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Wheat Bread*			
1/13	2/10	3/10	1/14	2/11	3/11	1/15	2/12	3/12	1/16	2/13	3/13	1/17	2/14	3/14					
Vegetarian Bean Chili Steamed White Rice Green Peas Apple WG Delicious-Made Corn Bread*				Delicious Made Beef Meat Sauce Spaghetti Noodles Cauliflower Banana WG Delicious-Made Wheat Bread*				Delicious Made Fajita Chicken Skillet with Cheese Refried Beans HV: WG Corn* CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Orange WG Soft Wheat Tortilla*				Delicious Made Macaroni and Cheese Broccoli Pear WG Delicious-Made Wheat Bread*				New! Cheesy Potato Meatloaf Casserole HV: Green Beans CV: Tossed Salad Delicious-Made Italian Dressing Diced Fresh Fruit WG Delicious-Made Wheat Bread*			
1/20	2/17	3/17	1/21	2/18	3/18	1/22	2/19	3/19	1/23	2/20	3/20	1/24	2/21	3/21					
Delicious Made Macaroni and Cheese Diced Carrots Apple WG Delicious-Made Dinner Roll*				Delicious Made BBQ Pulled Chicken Rainbow Potatoes Broccoli Banana WG Delicious-Made Bun*				Beef Stuffed Pepper Casserole with Rice HV: Green Beans CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Orange WG Delicious-Made Wheat Bread*				New! Cheesy Taco Rice Spanish Black Beans Pear WG Corn Tortilla Chips*				Ziti Pasta w/Chicken in a Creamy Red Sauce HV: Butternut Squash CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Bread*			

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.
Menus are subject to change.

(*) Item is WHOLE GRAIN.

**ENTRÉES ARE DELICIOUS MADE (made from scratch)